



The Pharmacy Guide to Herbal Remedies (Paperback)

By Jan De Vries

Mainstream Publishing, United Kingdom, 2005. Paperback. Book Condition: New. 212 x 134 mm. Language: English . Brand New Book. The Pharmacy Guide to Herbal Remedies is the first in a series of books by Jan de Vries. It is written with a common sense approach and explains how herbal remedies can complement today's lifestyle by combining natural cures with pharmaceutical and orthodox medicines. The book demonstrates that, despite an age and society blighted by modern day diseases, it is possible for every person to maintain and obtain optimum health by combining complementary and orthodox healthcare methods. This book should be in every household as a quick and easy reference guide.



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