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Chinese, Indian and Thai Cuisine Passport

By Kim Koeller, Robert La France

R & R Publishing, LLC. Paperback. Book Condition: new. BRAND NEW, Chinese, Indian and Thai Cuisine Passport, Kim Koeller, Robert La France, This is the first pocket-size guide available to be carried with you in your handbag, suit jacket pocket, briefcase, backpack -- anywhere around the corner and around the world. The passport allows you to scan the menu, quickly spot the safest choices and ask the right questions to avoid ten common allergens hidden in food preparation. The sample cuisine menus identify the name of each dish in its native language with the English equivalent. This information can help you navigate the menu and make informed choices based upon your special dietary needs. The cuisine menu item descriptions summarise each dish's ingredients and the culinary preparation techniques involved. After each description, the following are detailed: Gluten-Free Decision Factors and Food Allergen Preparation Considerations. The cuisine quick reference guides reflect where you may potentially encounter ten common food allergens by each menu item at a glance. This information has been further confirmed by culinary experts and tested by various individuals impacted by food allergies and special diets on a global basis.



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