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How Not to Wear Black

By Jules Standish

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, How Not to Wear Black, Jules Standish, This is the first self help book that looks seriously into the psychology behind why women wear black. In certain cultures it is expected that women hide themselves behind black, however women worldwide choose to wear it for their own reasons. They believe it to be slimming, smart, chic and easy to co-ordinate. A colour to be melancholic in during times of trauma, illness and depression. All women want to look and feel great - how would they react if they knew that black could age their faces by years, drain their energy fields and make them feel tired. This book is a guide for women to find out whether black suits their temperament and their genetic colouring. Whether it truly enhances their looks and personality or drains them physically and energetically? A self help book that will be a must have purchase for all women. Foreword written by BBC Radio 2's Janey Lee Grace.



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